

# MINT: supportive



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For Thought

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# MINT



# growth

MINT is extremely easy to grow. It is an invasive herb that easily takes over large areas of space with little care. It can live in many habitats, cold and warm, dry and wet, dark and light, though it typically thrives most in areas that are cool and moist that get partial sunlight and have moderate



temperatures. Just a little water can keep it alive, and it is not totally necessary every day.

It is best to plant MINT a few weeks before the Spring season, so that it has time to fully bloom in time for the warm Summer season. The plants grow fast, and large if not contained, so it will be easy to spread it across the city without too much trouble.

MINT is very aggressive and invasive, so if you are planning to plant it in the same garden as other plants it should be contained in a deep bottomless container to restrict its growth.

# harvest

MINT can be harvested for a minimum of six months out of the year. When leaves are fully dark green they are ready for use. MINT leaves should be used immediately, or stored only for a few days in dry plastic containers kept in the refrigerator.

MINT can also be dried by placing them out in the sun for two to three days and then placing them in a dark, airtight container for storage. You can also freeze MINT leaves in ice cubes to give summer drinks a nice fresh flavor and to store your leaves.





MINT: invasive is an on-going project. It never ends. It is something that should become a part of your life. Though MINT itself does not require a lot to stay alive, you must remember the movement behind this campaign, the movement to take back the city. The city is always moving forward, and it rarely takes the time to look back, so make sure that MINT stays part of the present and doesn't become a relic and a memory of the past.

## **maintain**

It's up to you to take over the city, to keep it fresh, and to make it your own.

